



BE
BESPORTS.ME

HAMILTON INTERNATIONAL SCHOOL DEVELOPMENT

TRAINING SCHEDULE



BE
BESPORTS.ME

HAMILTON SCHOOL DEVELOPMENT

AGE	SUNDAY	TUESDAY
10&U	15:30 - 16:30	15:30 - 16:30
14&U	16:30 - 17:30	16:30 - 17:30
16&U	17:30 - 19:45	17:30 - 19:45